



3rd Newsletter | August 2026



PROfessional GRowth through Education in the Sport Sector by pursuing a Dual Career

Beyond the Finish Line: Empowering Athletes for Life After Sport



Project Agreement Number: 101185294



**Co-funded by
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The ProgressDC project continues to make significant progress in supporting athletes as they prepare for successful transitions from elite sport to education and employment. Throughout the past months, project partners have worked intensively on developing high-quality educational resources, training programmes, and practical tools that strengthen the Dual Career ecosystem across Europe.

Our mission remains to empower athletes with the knowledge, competencies, and professional support needed to build sustainable careers both during and after their sporting careers. At the same time, the project strengthens the capacities of coaches, advisers, educational institutions, and sports organisations that play a key role in this process.



Major Project Milestone Successfully Achieved

We are pleased to announce that the consortium has successfully completed and submitted two important project deliverables:

D3.1 Curricula and Training Materials for DC Adviser Training

D4.2 Assessment Tool for Professional Athletes

The submission of these deliverables represents another important milestone in the ProgressDC project and demonstrates the excellent cooperation between all project partners.

D3.1 Curricula and Training Materials for DC Adviser Training

This deliverable provides a comprehensive educational framework for training Dual Career Advisers. It includes structured curricula, learning modules, practical activities, assessment methods, and educational resources that prepare advisers to effectively support professional athletes throughout their career transition journey.

The training programme covers key areas such as:

- Dual Career principles and counselling;
- Career planning and transition management;
- Labour market orientation;
- Communication and coaching techniques;
- Self-management and professional development;
- Employer engagement and job matching.

The materials are designed to ensure a common European standard for DC Adviser education while remaining flexible enough to meet the needs of different countries and sports organizations.



D4.2 Assessment Tool for Professional Athletes

The consortium has also successfully completed the Assessment Tool for Professional Athletes.

This innovative tool enables advisers to evaluate athletes' competencies, career readiness, transferable skills, motivations, and professional development needs. The assessment supports the creation of personalised career pathways and helps identify the most appropriate educational and employment opportunities for each athlete.

The tool will become an essential component of the ProgressDC methodology, supporting evidence-based career guidance and improving the quality of dual career services provided across Europe.

Looking Ahead:

As the ProgressDC project continues to advance, the consortium is currently preparing the **Implementation Progress Report**, marking another important stage in the project's implementation. Alongside the ongoing pilot activities and validation of the developed training materials and assessment tools, partners are also strengthening the project's dissemination efforts.

To support the preparation of the report, all project partners have been asked to provide updated dissemination information, including activities carried out at local, national, and international levels.

In addition, the project continues to be promoted through the official websites, social media platforms, and communication channels of all consortium partners, ensuring broader visibility and increasing awareness of ProgressDC among athletes, sports organisations, educational institutions, employers, and other key stakeholders across Europe.

Together, these activities contribute to expanding the project's impact and supporting the long-term sustainability of the ProgressDC results.

Project Website:
www.progressdc.projectsgallery.eu

Visit our social media:



Coordinator:



Contact Us:

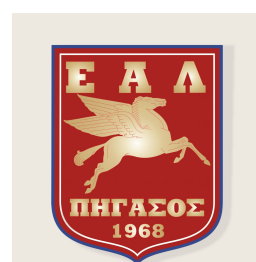
Address: 16, Imvrou Street, 1055 Nicosia, Cyprus

Tel. No: +357 22466633

E-mail: europeanprojects@mmclearningsolutions.com

Website: www.mmclearningsolutions.com

Partners:



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