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PROfessional GRowth through Education in the Sport Sector by pursuing a Dual Career

Beyond the Finish Line: Empowering Athletes for Life After Sport



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The ProgressDC project focuses on addressing the challenges athletes face in transitioning to the workforce after their sports career ends. This involves developing specialized training tools, providing guidance, and supporting institutions in creating environments that allow athletes to succeed in dual careers.

Our goal is to empower athletes to transition smoothly from professional sports to the labor market by providing them with the necessary skills and qualifications. This initiative works to strengthen dual career pathways by offering tailored training for athletes, supporting them as they pursue both sports and educational careers.

The target group of this project is athletes who are currently in their professional sports careers but are looking to build a parallel career in education and other professional sectors. It also includes the organizations and institutions that support these athletes, such as sports federations, educational institutions, and trainers.



Workshop on WP3: Training of DC Advisers

The second Transnational project meeting took place from **20-21 November 2025** in Nicosia, Cyprus at the premises of the Mediterranean Management Centre (MMC). During this meeting, project partners gathered to discuss the progress made and refine the activities in the following work packages.

One of the main key focus of this meeting was Work Package 3 (WP3), which is centered around training Dual Career (DC) Advisers within sports organizations. The workshop reviewed the development and presentation of **qualification frameworks** and **learning materials** designed for DC advisers to effectively guide athletes on their dual career paths. Both **DIMITRA and MMC**, led the session, offering insights on the framework's role in supporting athletes' career transitions.



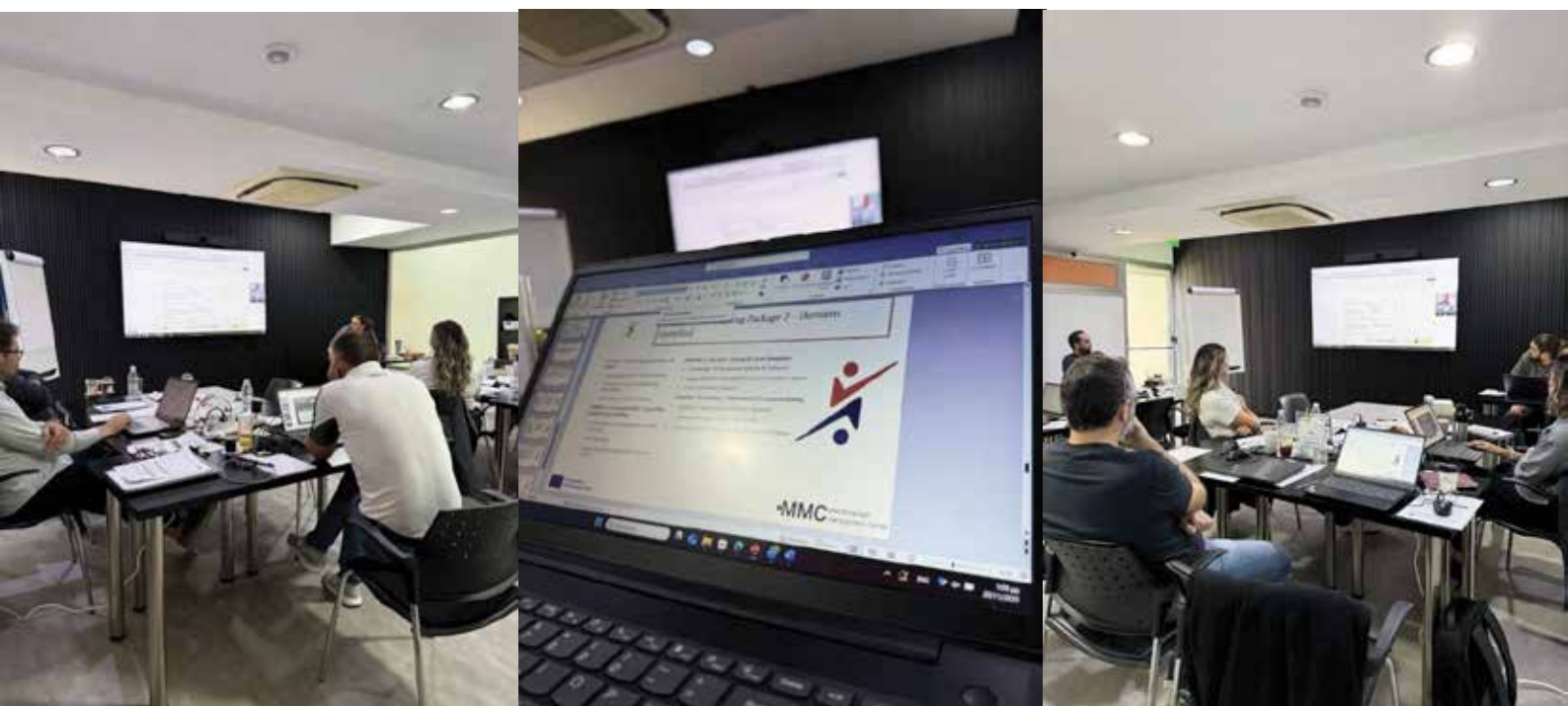
Highlights of the WP3 Workshop:

- **Presentation of the Qualification Framework:**

The newly developed qualification framework provides guidelines for training DC Advisers. This framework ensures that advisers are equipped with the knowledge and skills necessary to support athletes in managing their dual careers effectively.

- **Learning Materials for DC Advisers:**

The learning materials developed for DC advisers focus on key aspects such as career management, psychological support, and the integration of sports with academic and professional pursuits. The workshop facilitated discussions on how these materials can be applied within various sports organizations across Europe.



Looking Ahead:

We are currently in the process of implementing the educational materials for both athletes and DC Advisers. These materials are designed to equip all stakeholders with the tools and knowledge necessary for successful career transitions. We are excited to share with you the next updates of the project as we continue to develop and refine our training modules.

Project Website:
www.progressdc.projectsgallery.eu

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